



Health Food Raw Materials Directory - Nutrient Supplement (2020)

保健食品原料目录 营养素补充剂 (2020年版)

State Administration for Market Regulation
National Health Commission

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Translated by ChemLinked

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Name of raw materials				Daily dosage				Function
Nutrients	Compound name	Standard basis*	Application scope	Functional ingredient	Targeting Group	Min value	Max value	
Calcium	Calcium carbonate	GB 1886.214 Calcium Carbonate (Including Light and Heavy Calcium Carbonate)	All ages	Ca (Calculated by, mg)	1—3	120	500	Calcium supplementat ion
	Calcium acetate	GB 1903.15 Calcium Acetate	Population above 4		4—6	150	700	
	Calcium chloride	GB 1886.45 Calcium Chloride	All ages		7—10	200	800	
	Calcium Citrate	GB 1903.14 Calcium Citrate	All ages		11—13	250	1000	
	Calcium gluconate	GB 15571 Calcium Gluconate	All ages					
	Calcium lactate	GB 1886.21 Calcium Lactate	Population above 4		14—17	200	800	

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